

January 2016

Hi Lites of

Lutheran Manor



Happy new year 2016



January

WELCOME

NEW RESIDENTS
Madge Gergar Apt 104
Shirley Meganhardt 717

	HAPPY NEW YEAR 2016!	OFFICE CLOSED	
January 1 (Friday)			
January 2 (Saturday)	Coffee & Donuts Pinochle Party	8:00 a.m. 12:30 p.m.	Lounge Lounge
January 4 (Monday)	Banks, CVS, \$ Store, Post Office Exercise Bingo Poker League	9:30 a.m. 10:00 a.m. 6:00 p.m. 6:30 p.m.	Van Trip Lounge Lounge Conf Room
January 5 (Tuesday)	Lunch @ Doughboys Zumba Computer Class Rev. James Harper, Notre Dame RC Church, Bethlehem	11:00 a.m. 10:00 a.m. 1:00 p.m. 2:00 p.m.	Van Trip Lounge Comp Room Lounge
January 6 (Wednesday)	Breakfast/Valley Farms Exercise Bible Study Piano Playing Poker League	9:00 a.m. 10:00 a.m. 12:30 p.m. 3:00 p.m. 6:30 p.m.	Van Trip Lounge Patio Lounge Conf Room
January 7 (Thursday)	American Helicopter Museum Tour Cost:\$7.00/QVC Studio Tour, West Chester, PA Cost:\$10.00 Total:\$17.00 Chat Room Speaker-Home Sweet Home Care Blood Pressure Check	8:00 a.m. 10:00 a.m. 2:00 p.m. 6:00 p.m.	Van Trip Patio Lounge Lounge
January 8 (Friday)	Yoga Second Harvest Food Box Delivery Tai Chi Wii Bowling	10:00 a.m. 11:00 a.m. 12:45 p.m. 5:30 p.m.	Patio Patio Patio Lounge
January 9 (Saturday)	Manicures by Appointment	9:30 a.m.	Lounge
January 11 (Monday)	Shopping@Kmart/Payless/Lunch @Wind Gap Diner Exercise Committee Meeting Bingo Poker League	10:00 a.m. 10:00 a.m. 1:30 p.m. 6:00 p.m. 6:30 p.m.	Van Trip Lounge Conf Room Lounge Conf Room
January 12 (Tuesday)	Zumba Senior Bingo w/lunch (donations)	10:00 a.m. 10:45 a.m.	Lounge Van Trip

January 12 (Tuesday)	General Meeting (1st & 2nd Floor responsible for snacks)	2:00 p.m.	Lounge
January 13 (Wednesday)	Weis Massage Exercise Bible Study Piano Playing Poker League	9:30 a.m. 9:00 a.m. 10:00 a.m. 12:30 p.m. 3:00 p.m. 6:30 p.m.	Van Trip Conf Room Lounge Patio Lounge Conf Room
January 14 (Thursday)	Chat Room Rev. Rick Sergi , Emmauel E.C. Bethlehem Dinner @Tri-Boro Spaghetti Night	10:00 a.m. 2:00 p.m. 4:45 p.m.	Patio Lounge Van Trip
January 15 (Friday)	Yoga Lunch/Movie @ Carmike Tai Chi Wii Bowling	10:00 a.m. 11:00 a.m. 12:45 p.m. 5:30 p.m.	Patio Van Trip Patio Lounge
January 16 (Saturday)	Soup & Hotdogs - Rob & Marty	5:00 p.m.	Lounge
January 18 (Monday)	Martin Luther King Day Wegmans	OFFICE CLOSED 9:30 a.m.	Van Trip
January 19 (Tuesday)	Apartment Inspections (Floors 11, 10, 9) Zumba Computer Class Movie-Max	8:30 a.m. 10:00 a.m. 1:00 p.m. 1:00 p.m.	Floors Lounge Comp Rm Conf Room
January 20 (Wednesday)	Apartment Inspections (Floors 8, 7, 6) Breakfast/Walmart Exercise Bible Study Piano Playing Poker League	8:30 a.m. 9:00 a.m. 10:00 a.m. 12:30 p.m. 3:00 p.m. 6:30 p.m.	Floors Van Trip Lounge Patio Lounge Conf Room
January 21 (Thursday)	Apartment Inspections (Floors 5, 4, 3) DVD-Soundies Rev. Clark-Memorial Service Dinner @Outback Steakhouse Restaurant	8:30 a.m. 10:00 a.m. 2:00 p.m. 4:00 p.m.	Floors Lounge Lounge Van Trip
January 22 (Friday)	Apartment Inspections (Floors 2, 1) Quakertown Farmers Market Yoga Tai Chi	8:30 a.m. 9:30 a.m. 10:00 a.m. 12:45 p.m.	Floors Van Trip Patio Patio

January 22 (Friday)	Speaker— <i>Medicare Fraud</i> Wii Bowling	1:30 p.m. 5:30 p.m.	Lounge Lounge
January 24 (Sunday)	Social—Pete Begley	5:00 p.m.	Lounge
January 25 (Monday)	Exercise <i>Shopping @Hobby Lobby/Lunch @Franks</i>	10:00 a.m. 10:30 a.m.	Lounge <i>Van Trip</i>
	Therapy Dog Watercolor Class Bingo Poker League	11:00 a.m. 1:00 p.m. 6:00 p.m. 6:30 p.m.	Lounge Lounge Lounge Conf Room
January 26 (Tuesday)	<i>Giant</i> Zumba Movie-Max <i>Dinner @The Willows Restaurant</i>	9:30 a.m. 10:00 a.m. 1:00 p.m. 4:00 p.m.	<i>Van Trip</i> Lounge Conf Room <i>Van Trip</i>
January 27 (Wednesday)	Exercise Bible Study Piano Playing <i>Bingo at Lehigh Valley Active Life</i>	10:00 a.m. 12:30 p.m. 3:00 p.m. 5:15 p.m.	Lounge Patio Lounge <i>Van Trip</i>
January 28 (Thursday)	Poker League <i>Chat Room</i> Rev. James Muske, St. Matthew Lutheran, Bethlehem	6:30 p.m. 10:00 p.m. 2:00 p.m.	Conf Room Patio Lounge
January 29 (Friday)	<i>Allentown Farmers Market/ Lunch @Ritz Barbecue</i> Yoga Tai Chi Wii Bowling	9:30 a.m. 10:00 a.m. 12:45 p.m. 5:30 p.m.	<i>Van Trip</i> Patio Patio Lounge

“Year’s end is neither an end
nor a beginning but a going on,
with all the wisdom that experience
can instil in us.”

Hal Borland

<u>Activity</u>	<u>Dates</u>	<u>Time</u>	<u>Place</u>
Bingo	Every Monday	6 p.m.	Lounge
Exercise	Every Monday & Wednesday	10 a.m.	Lounge
Poker League	Every Monday & Wednesday	6:30 p.m.	Conf Rm
Zumba	Every Tuesday	10 a.m.	Lounge
Bible Study	Every Wednesday	12:30 p.m.	Patio
Piano Playing	Every Wednesday	3:00 p.m.	Lounge
Chat Room	Every Thursday	10 a.m.	Patio
Yoga	Every Friday	10:00 a.m.	Patio
Tai Chi	Every Friday	12:45 p.m.	Patio
Wii Bowling	Every Friday	5:30 p.m.	Lounge

Our Activities.

THANK
YOU



The Staff of Lutheran Manor would like to thank everyone for your kindness and generosity during the holiday season. We definitely appreciate your gifts, delicious treats, cards and well wishes at this special time of the year.

May you all have a Healthy,
Happy and Prosperous New Year!

*Courtney, Michelle, Jennifer, Erica, Claudie, Ken, Donny,
Bryan, Mike, Judy, Pastor Clark, Don S., Dave & Krissy*

Claudie's Corner



Sue Jacobi

from **Home Sweet Home Care**

will be here on

Thursday, January 7

2pm in the lounge

Home Sweet Home Care provides non-medical and personal home care tailored to meet your loved one's specific needs. These are just a few things they offer: Companionship, bathing and dressing, personal needs, Light housekeeping and laundry and many more. Please stop by and hear all about **Home Sweet Home Care.**

Trivia?



Ron Lambert from Senior Medical Patrol (SMP) Program at CARIE will be here on **Friday, January 22, 2016, 1:30pm in the Lounge.**

“Did you know that billions of dollars are lost to **Medicare fraud** and **abuse** each year?” That’s the bad news, the good news is that you can do something about it. The message is simple: **Protect** your personal information, know how to **Detect** fraud, and know where to **Report** fraud.

Snack Stand

Snacks available every
Monday & Wednesday
 From 3-6pm
 In the Main Lobby



Soup & Hot Dogs
 Saturday, January 16
 5 p.m.

<u>SOUP:</u> Pepper Pot	\$3.00
<u>HOT DOGS:</u> Plain, Sauerkraut, or Chili	\$1.50
<u>RED BEET EGGS:</u>	.50
<u>DESSERT:</u> Ice Cream & Strawberries	\$2.50
<u>SODA OR COFFEE:</u>	\$1.00

Entertainment by:

Rob & Marty

50/50 Drawing

Friends and Family

Welcome!



February EVENTS

2016

Saturday	2/6	Coffee & Donuts	8:00 a.m.
Saturday	2/6	Pinochle Party	12:30 p.m.
Sunday	2/14	Valentine's Day Dinner-Jim & Lorri	5:00 p.m.
Saturday	2/20	Soup & Hot Dogs -Kato	5:00 p.m.
Sunday	2/28	Social-Steel City Band	5:00 p.m.





Computer Class
 Tuesday, January
 5 & 19
 1-3 pm

Sign up with Claudie



Tai Chi

Every Friday
At 12:45 pm
In the Patio



Walkers Club will
be taking a winter
break. Will
resume in
April 2016.



Piano Playing & Singing
With Gladys

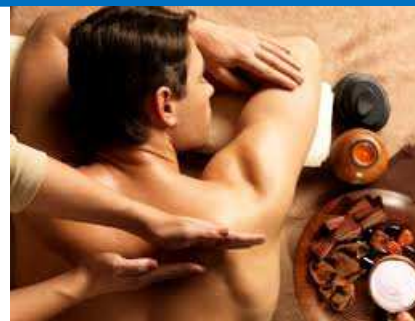
Every Wednesday
From 3-4 pm
In the Lounge

ZUMBA

TUESDAY
At 10 am



Therapy Dog
Monday, January 25th
At 11:00 am
in the lounge.



MASSAGE
Wednesday, January 13
9:00-1:00 pm

If you are interested
in getting a massage
please sign-up
with Claudie.

Price: \$20.00 1/2 hour
\$40.00 1 hour
Conference Room

Start the NEW YEAR
with a massage.

Coffee & Donuts
Saturday, January 2
8:00 a.m. to 10:30 a.m.

\$1.00 coffee

\$1.00 donut

\$1.00 additional donuts

Friends and Family
are Welcome.



Blood Pressure Check
Thursday, January 7
6:00 p.m.
In the Lounge



Blood Pressure Check




Linda will be here to do
MANICURES
Saturday, January 9

See Claudie for an appointment.



EXERCISE
Every Monday and
Wednesday
10:00 am
In the Lounge




YOGA
Every Friday
10:00 am
Patio

WATERCOLOR CLASS

David Michael Donnangelo


Will be here on Monday,
January 25
At 1:00 pm in the Lounge




Wii Bowling

Every Friday
At 5:30 pm
In the Lounge

NOW SHOWING




MAX

After U.S. Marine is killed in Afghanistan, Max, his highly trained service dog, is too traumatized to remain in service. Back in the U.S., Kyle's family adopts the dog, but teenage brother has problems of his own and doesn't want the animal. However, Max may be his only chance to learn what really happened to his brother.

Tuesday, January 19 & 26

1pm
 Conference Room





Computer Room

When you **login** to the computers don't forget you **MUST Logout** when you are done. Several computers **have not been logged out after using,** and your personal information has been left out for everyone to see.



Logout

for your security **Thank you!**

4pm Doors Open
5pm Refreshments
6pm Entertainment

SOCIAL

Sunday, January 24th



Esther's Ice
Cream Sales
\$1.00



Donations
requested.

Entertainment by: Pete Begley

MEMORIAL SERVICE

January 21, 2016, 2p.m.

A time to remember all those friends and family (not only Lutheran Manor Residents)
who passed away during 2015.

Person(s) to be remembered at Memorial Worship Service in the lounge.

(You may include residents of Lutheran Manor or other friends and family who passed in 2015).

Name: _____ Date/Death _____

Name: _____ Date/Death _____

Name: _____ Date/Death _____

Name: _____ Phone# _____ Apt# _____

Please give completed form to Pastor Clark no later than Thursday, January 14th.



Social Security Award Letters

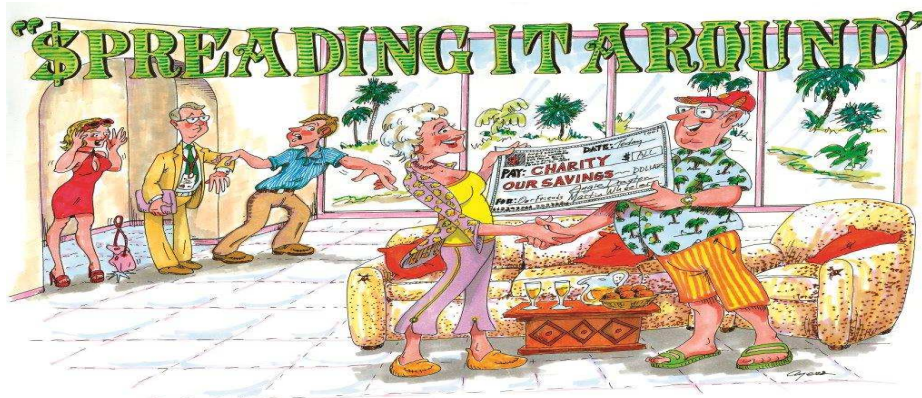
This is the time of year that we expect for each resident to receive their annual Social Security award letter in the mail.

MAKE NOTE!

Last year, we were told they would not be issuing the paper award letters, but they were mailed anyway. We hope that you will continue to receive them each year. Watch your mail and when you receive your award letter, please bring it to the office right away so we can make a copy for your file.



Hunterdon Hills Playhouse PRESENTS



Londos D'Arrigo's Hilarious New Comedy

Sensational NEW Comedy Hit That's Sweeping the Country!

A well-to-do widow living in Florida grows tired of handing out money to her neglectful and unappreciative children and sets up a foundation to give her money to people truly in need. When her greedy son and his shopaholic wife find out what she's up to, they attempt to have her declared financially incompetent. However, when Mom learns of their scheme, she comes up with a plan to show just how competent she really is!

Tuesday, February 16, 2016

Cost: **\$58.50**

Van leaving at 10:00 am

The cost includes lunch, gratuity, and matinee.

Sign Up Now

ELVIS PRESLEY TRIBUTE



great performance

Apartment Inspections

Dear Residents,

We are required by the Department of Housing and Urban Development to bi-annually inspect all equipment in Lutheran Manor's units. This inspection will include plumbing, heating/AC, electrical, appliances, windows, carpeting, and paint.

Due to our tight schedule the maintenance department will start their inspections at 8:30 AM on:

Tuesday,	January 19, floors 11, 10, 9
Wednesday,	January 20, floors 8, 7, 6
Thursday,	January 21, floors 5, 4, 3
Friday,	January 22, floors 2, 1

You **DO NOT** have to do anything for this inspection.

You **do not have to be home**, but if you are not home on these days, maintenance will enter your apartment and do their inspection.

We thank you in advance for your cooperation in this matter. If you have any concerns or conflicts please visit the rental office.

Ken, Donny, Bryan
Maintenance Department



I like a list of resolutions prepared by the Rev. Walter Schoedel. He calls them 7-UPS FOR THE NEW YEAR. No, this has nothing to do with the soft drink. These 7-UPS fall under the heading of attitudes and actions.

Welcome
2016!



The first is **WAKE UP**--Begin the day with the Lord. It is His day. Rejoice in it.

The second is **DRESS-UP**--Put on a smile. It improves your looks. It says something about your attitude.

The third is **SHUT-UP**--Watch your tongue. Don't gossip. Say nice things. Learn to listen.

The fourth is **STAND-UP**--Take a stand for what you believe. Resist evil. Do good.

Five, **LOOK-UP**--Open your eyes to the Lord. After all, He is your only Savior.

Six, **REACH-UP**--Spend time in prayer with your adorations, confessions, thanksgivings and supplications to the Lord.

And finally, **LIFT-UP**--Be available to help those in need--serving, supporting, and sharing.

Happy New Year - Pastor Clark

JANUARY WORSHIP- 2pm in the Lounge

_ January 5th – Rev. James Harper, Notre Dame RC Church, Bethlehem

Thursday, January 14th Rev. Rick Sergi, Emmanuel E.C., Bethlehem

Thursday, January 21st Chaplain Clark- Memorial Service

Thursday, January 28th Rev. James Muske, St. Matthew Lutheran, Bethlehem



BIBLE STUDY- Every Wednesday at 12:30pm in the Patio. "Sermon on the Mount"

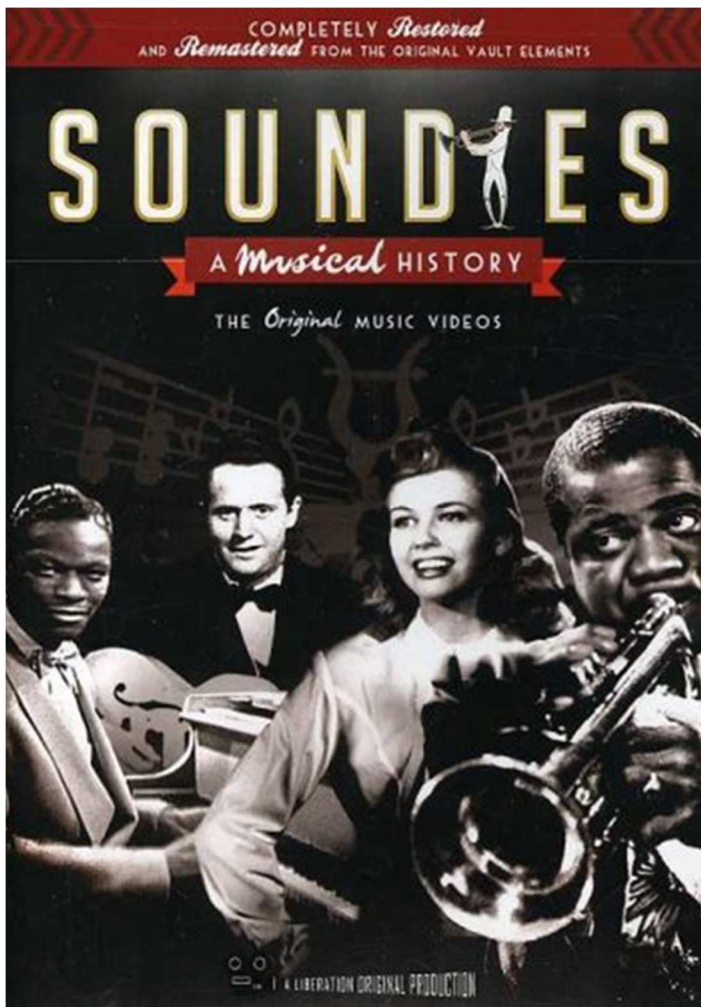
CHAT ROOM- Every Thursday at 10 am in the Patio. Come on down! It's fun.



MEMORIAL SERVICE- Thursday, January 21st at 2 pm in the Lounge. Remember loved ones who died during 2015. Please fill out the slip in this *HiLites* and give it to the Chaplain or Claudie.

SOUNDIES – DVD- Thursday, January 21st in the Lounge. Enjoy these brief 16mm films produced between 1940 and 1946, each containing a song, dance and/or band or orchestral number. Some of the performers are Jimmy Dorsey, Spike Jones, Liberace, Stan Kenton, Cyd Charisse, Les Brown and more... Refreshments will be served.

Sponsored by the Chat Room.



Jimmy Dorsey, Spike Jones,
Liberace, Stan Kenton, Cyd
Charisse, Les Brown, Doris Day...**ALL**
ON SOUNDIES

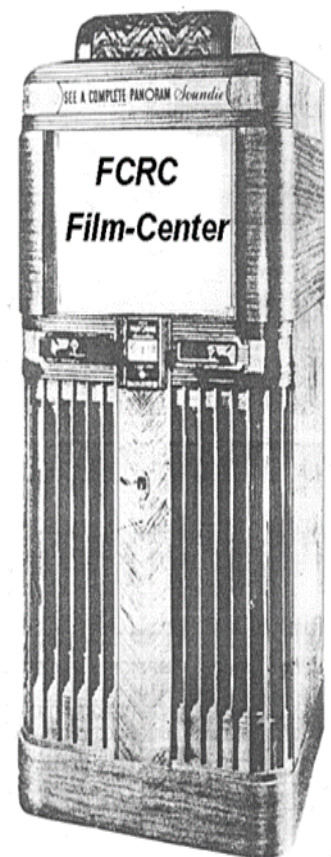
Thursday, January 21st
at 10 am in the Lounge.

WHAT ARE SOUNDIES?

Before MTV there were **Soundies**, a collection of video shorts starring such legends as **Louis Armstrong, Duke Ellington, Nat King Cole, Cab Calloway, Doris Day**, and more.

Soundies were three-minute American musical 16mm films, produced in New York City, Chicago, and Hollywood, between 1940 and 1946, each containing a song, dance and/or band or orchestral number. The Soundies were shown on a video jukebox → found in finer restaurants and nightclubs everywhere.

Refreshments will be served.
*Sponsored by the **Chat Room!***





Van Trips



February 2016

DATE	DAY	TRIP	TIME
February 1	Monday	Breakfast/Valley Farms	9:00 a.m.____
February 2	Tuesday	Lunch @Samuel Owens Restaurant in Coplay	11:00 a.m.____
February 3	Wednesday	Banks, CVS, \$ Store, Post Office	9:30 a.m.____
February 4	Thursday	Wegmans	9:30 a.m.____
February 5	Friday	Lunch @ Gregory's Restaurant, Bethlehem	11:00 a.m.____
February 8	Monday	Weis Market	9:30 a.m.____
February 10	Wednesday	Leesport Flea Market/Lunch	9:30 a.m.____
February 11	Thursday	Dinner @Tri-Boro Spaghetti Night	4:45 p.m.____
February 12	Friday	Lunch/Traders Joe Market, North Wales, PA	10:00 a.m.____
February 15	Monday	Giant	9:30 a.m.____
February 16	Tuesday	Hunterdon Hills Playhouse NJ-Spreading It Around Comedy Cost:\$58.50	10:00 a.m.____
February 17	Wednesday	Lunch @Doughboys	11:00 a.m.____
February 19	Friday	Movie (AMC Tilghman 8)/Lunch @ Chris's Family Restaurant	11:00 a.m.____
February 22	Monday	Dinner @ Texas RoadHouse Steakhouse Easton	4:00 p.m.____
February 23	Tuesday	Breakfast/Walmart	9:00 a.m.____
February 25	Thursday	Good Store, Effort/Lunch @ Weavers Restaurant	8:30 a.m.____
February 29	Monday	Shop Rite-Freemansburg Ave Easton	9:30 a.m.____



Please fill out the form and **bring to my office**, I will start collecting forms at **7 a.m.** on the first day of the month.

Name: _____ Apt: _____

PLEASE CANCEL WITHIN 24 HOURS OF YOUR REQUESTED TRIP SO WE CAN CALL THE NEXT RESIDENT ON OUR WAITING LIST.

A \$5 FEE will be required for NO SHOWS without cancelations.

January 2016



¡FELIZ AÑO NUEVO!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						2 8:00 Coffee & Donuts 12:30 Pinochle Party
3	4 10:00 Exercise 6:00 Bingo 6:30 Poker League	5 10:00 Zumba 1:00 Computer Class 2:00 Rev James Harper, Notre Dame RC	6 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing 6:30 Poker League	7 10:00 Chat Room 2:00 Speaker -Home Sweet Home Care 6:00 Blood Pressure	8 10:00 Yoga 11:00 Second Harvest 12:45 Tai Chi 5:30 Wii Bowling	9 9:30 Manicure by Appointments
10	11 10:00 Exercise 1:30 Committee Mtg 6:00 Bingo 6:30 Poker League	12 10:00 Zumba 2:00 General Meeting 	13 9:00 Massage 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing	14 10:00 Chat Room 2:00 Rev Rick Sergi, Emmanuel EC Bethlehem	15 10:00 Yoga 12:45 Tai Chi 5:30 Wii Bowling	16 5:00 Soup & Hotdogs
17	18 OFFICE CLOSED 	19 10:00 Zumba 1:00 Computer Class 1:00 Movie -Max	20 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing 6:30 Poker League	21 10:00 DVD-Soundies 2:00 Rev Clark- Memorial Service	22 10:00 Yoga 12:45 Tai Chi 1:30 Speaker -Medicare Fraud	23
24 5:00 Social 	25 10:00 Exercise 11:00 Therapy Dog 1:00 Watercolor Class 6:00 Bingo	26 10:00 Zumba 1:00 Movie -Max	27 10:00 Exercise 12:30 Bible Study 3:00 Piano Playing 6:30 Poker League	28 10:00 Chat Room 2:00 Rev James Muske, St Matthew Lutheran, Bethlehem	29 10:00 Yoga 12:45 Tai Chi 5:30 Wii Bowling	30
31						